Essence:

Sweet children, from time to time, come to the Ocean of Knowledge. Fill your goods carriage with knowledge and then go outside and deliver it. Churn the ocean of knowledge and engage yourself in service.

Question:

Which is the best effort? Which children does Baba love?

Answer:

To create a good life for someone else is the best effort. Children should become engaged in this service. If you make any mistake, do a lot of service to make up for it. Otherwise, your conscience will keep on biting. Baba very much loves the enlightened, yogi souls who constantly remain busy in yoga.

The shower of knowledge rains on those who are with the Beloved.... Song:

Om shanti. Children understand that there is definitely a difference between listening to the murli face to face and listening to the tape or reading the murli. In the song, it mentions that the shower rains on those who are with the Beloved. Although the shower rains on everyone, there is great benefit in understanding Baba's expression, and the various directions you receive from Him when you are living with Him. However, this doesn't mean that you have to come and settle down here. Fill your goods carriage and go and do service, and then come and fill your goods carriage again. People go and buy goods in order to sell them. They sell those goods and then go and buy some more. This is the goods carriage of the jewels of knowledge. Those who want to buy goods will definitely come here. There are also some who do not make any deliveries; they simply live on the old goods. They do not wish to take any new goods. There are indeed such senseless souls. People go to the pilgrimage place; the pilgrimage place will not come to them because that is only a non-living image. Only the children can understand these things. Other people do not understand anything. Many great gurus and Shri Shri Mandaleshwars bring many seekers here. So many go to the Triveni (the meeting place of three rivers). They think that it is an act of charity to go to the rivers and give donations there. Here, there isn't any question of bhakti. You children have to come here to the Father. You have to understand everything and then explain it to others. You also have to explain at the exhibitions. This is the cycle of eighty-four births. The children know that not everyone goes around the complete cycle. You need to explain this with great tact. It is in this matter of the cycle that people become confused. No one knows of the tree. The cycle is shown in the scriptures, and they calculate the duration of the kalpa from the image of the cycle. All the confusion is concerning the cycle. We go around the complete cycle. We take eighty-four births; the people of Islam and the Buddhists come later. How we ourselves pass through the stages of sato, rajo and tamo is shown in the cycle, but how can we show when the people of Islam and the Buddhists come? They also pass through their sato, rajo and tamo stages. We reveal our variety-form image of Vishnu from satyug through to kaliyug; we go around the whole cycle. The top-knot is for the Brahmins; then the face is shown for the golden age, the arms for the silver age, the stomach for the copper age and finally the legs have to be shown. You can show your own variety-image, but how can you show that of all the other religions? If you start with theirs, that is also satopradhan at first, and then you come to their stages of sato, rajo and tamo. And so, this proves that no one goes to nirvana in between. All of them have to come into this cycle. Each and every one has to go through the stages of sato, rajo and tamo. Abraham, Buddha and Christ etc. were all human beings. Baba was thinking a lot about this at night. When one is thinking deeply, the drowsiness of sleep goes away, and one is no longer able to sleep. Therefore, you need to have very good methods to explain this. You have to make a variety-image for them also. You should also have their picture of this image, going right down to the feet. After that, you can give the explanation in writing. Children should explain that when Christ comes, he also has to pass through the stages of sato, rajo and tamo. He does not go into satyug. He has to come later. They will then ask: Won't Christ enter heaven? This is a predestined drama. You know that there were other religions before Christ, and so they will also repeat. The Sikhs who believe in Guru Nanak will ask: Can we not come to the land of truth? You have to explain the significance of the drama. First of all, you have to give the introduction of the Father: How do you receive the inheritance from the Father in just one second? "Jeevanmukti in a second" has been remembered. Just see how much concern he has! It is Baba's part to

[•] Words that Baba has spoken in English are shown in italics.

churn the ocean of knowledge. The words: "God-Fatherly birthright, now or never" have been written, but the word "jeevanmukti" still has to be written. If the written explanation is clear, it will be very easy to explain. You receive the inheritance of jeevanmukti. There are the king, the queen and the subjects; everyone there is in jeevanmukti. And so, the writing has to be corrected. You can also explain without pictures. You can explain simply using signals: This is Baba and this is the inheritance. Those who are yog-yukt will be able to understand everything very well. Everything depends on yoga. Only when the intellect becomes pure through yoga is it then possible to have dharna. A soul conscious stage is needed for this; therefore, you have to forget everything else. You even have to forget your body. At this time, we simply have to return home. This world is about to finish. It is easy for this one because this is his business. His intellect is engaged in this throughout the day. Achcha, those who live in a household have to perform actions for the livelihood of the body. While performing physical actions, you forget these things; you forget all that Baba has been telling you. Brahma Baba himself tells you his experience: I remember Baba: "Baba is feeding this chariot", and then I forget. So Baba thinks: Since even I forget, how much effort must it be taking these poor ones? How can they possibly increase their chart? It is very difficult for those living in a household. They have to work hard. Baba explains to everyone. Those who make effort are able to send their results to Baba. Baba knows that it is very difficult to make effort, but you have to make effort. Baba says: Make effort at night. All your tiredness will be removed if you remain yog-yukt and churn the ocean of knowledge. Baba tells you his experience. Sometimes, if the intellect goes in another direction, the head becomes very hot. Then I move the intellect away from those storms and become busy in churning the ocean of knowledge and then the head becomes light. Many types of storms of Maya will come. However, if you engage the intellect in this way, all your tiredness is removed and the intellect becomes refreshed. By engaging yourself in Baba's service you receive the butter of knowledge and yoga. Baba is telling you his experience. A father would only tell his children. This and that will happen; sinful thoughts of Maya will come. You should engage your intellect in this direction. Pick up a picture and think about it and then the storms of Maya will go away. Baba knows that Maya is such that she does not let you stay in remembrance. There are very few who remain in remembrance accurately. They boast a great deal. If they were to stay in Baba's remembrance, their intellect would remain clear. There is no other butter like remembrance. However, because there is such a huge physical burden, there is very little remembrance. When the Pope came to Bombay he was praised so much. It was as though the God of everyone had come. He had power. The people of Bharat do not even know their own religion. They continue to say that their religion is Hinduism, but there is no such religion as Hinduism. No one knows where it came from or when it was established. You should pounce with knowledge. They show a goddess on a lion. This represents the Shiv Shaktis pouncing with knowledge. They have shown the goddess on the lion; but in fact it is all a question of knowledge. At the end, when you have power, you will also explain to the sages and saints. You will only be able to pounce when you have that much knowledge in your intellect. In the city of Chakrata, the teacher teaches those who work in the fields but they do not wish to study at all. They prefer to work in the fields. Give them this knowledge, and they will say: We do not like this knowledge. We want to study the scriptures. God says very clearly: No one has attained Me by chanting, doing penance, giving to charity etc., or by reading the scriptures. They do not know the drama. They do not understand that they are actors in a play and that they have taken a costume to enact a part. This is the jungle of thorns. They continue to prick and beat one another. Although their image is like that of human beings, their character is like that of monkeys. Baba sits and explains to the children. If a newcomer were to hear these things he would get hot-tempered. Children do not get hot-tempered. Baba says: I only explain to the children. Parents can say anything to the children. If a father were even to hit his children, no one else would be able to do anything. It is the duty of the parents to improve their children. However, this law does not apply here. Whatever actions others see me perform, they will do the same. And so, Baba says: I told you about what I churned last night. He is the number one of all. He has to take eighty-four births. And so, how can the other religious leaders go back to nirvana? They definitely have to pass through the stages of sato, rajo and tamo. The first number are Lakshmi and Narayan who are the masters of the world. They

have to take eighty-four births. The highest new man in the world cycle also needs a new woman. Otherwise, without a woman, how would a creation be created? In satyug, the new man is Narayan. It is the old that becomes new. This one has an all-round part. All the rest, who pass from the sato stage into the tamo stage, become old, and then they become new from old. So, when Christ first came he was new, and then he became old and departed, and he will come back new according to his own time. These things have to be understood. You need yoga for this. You also need to be fully surrendered; only then can you have a right to the inheritance. If you are surrendered, Baba is able to give you directions as to what to do. When some have surrendered, they are told: Stay in connection with everyone and you will be able to check your intellect. Take up knowledge whilst staying in connection with everyone. Demonstrate this by passing in this aspect. You must not go into the household life. It is good to remain celibate. Baba asks each one for his account. You have taken sustenance from your mother and father, and so, by settling that debt, you will receive strength. Otherwise, your father would say: I made so much effort and sustained them and then they left me. Each one's pulse has to be checked before giving directions. If this one makes any mistake, Baba clears that mistake and puts everything right. This one follows shrimat at every step. If any harm is caused, he understands that that was in the drama. And then, he is careful that the same thing does not happen again in the future. A mistake would definitely make the conscience bite. If you make a mistake, then in order to settle it you must engage yourself fully in service. You must make very good effort. To create a good life for another person is a very good endeavour. Baba says: I love the enlightened and yogi souls very much. If you prepare and eat food whilst in remembrance, there can be great progress. This is Shiv Baba's bhandara, and so Shiv Baba's children must definitely be yog-yukt. The stage gradually becomes elevated. It definitely takes time. Each one has his own karmic bondage. The kanyas do not have any burden. Yes, the sons have a burden. When the children have grown up, the parents are a burden to them. Baba has explained so much to you; that they gave you so much sustenance and so now you have to sustain them. You have to settle the account and then they will be happy. When those who are worthy children return from their travels they put everything in front of the parents. They have to settle the debt. These things have to be understood very well. Only those who are to claim a high status will pounce like a lion. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

- 1. You must prepare food whilst staying in remembrance. You must also eat and feed others that food whilst staying in remembrance.
- 2. Whilst remaining yog-yukt, you have to churn very well whatever Baba has explained to you, and then explain it to others.
- **Blessing:** May you be an easy effort-maker who plays your hero part with the stage of a detached observer.

The stage of a detached observer helps you to play your hero part. If you are not a detached observer, you cannot play your hero part. To be detached observer means that you are detached from your body and the soul is stable as a master. The soul is a master and detached even from its own body. The soul enables the body to perform actions. This stage of a detached observer enables you to experience effort to be easy because when you have this stage, no obstacles or difficulties can come to you. This is the main practice. It is through this practice that you will be victorious at the end.

Slogan: In order to become an angel, forge all relationships with the one God.